

PREPARING YOUR CHILD ACADEMICALLY FOR SUCCESS IN THE FUTURE!

Learning Directors

Kristen Cole 9th-10th Grade (A-Gi)
 Paula Loeffler 9th-10th Grade (Gla-Pam)
 Angie Mariscal 9th-10th Grade (Pan-Z)
 Michelle Parrish 11th-12th Grade (A-Loo)
 Jen Meisner 11th-12th Grade (Lop-Z)

REMIND 101

Remind 101 sends text messages regarding important college dates and deadlines as well as other pertinent counseling information such as night and summer school info to those who are on our recipient list. To sign up simply text the appropriate code (make sure to include the @ sign!) to 669-800-1826. Parents who have students in multiple grades can be added to each appropriate list!

Freshman: Text @ cvco to 669-800-1826

Sophomores: Text @94b4 to 669-800-1826

Juniors: Text @fbb9a to 669-800-1826

Seniors: Text @38ed to 669-800-1826

Parent Portal

To access parent portal go to:

1. <http://www.ceres.k12.ca.us/>
2. Click on "Parents"
3. Click "Parent Portal" link in blue
 - a. If you have an account enter in your Username and Password
 - b. If you don't remember your Username and password click "HELP" in the orange box.
 - c. To set-up an account you will need to present identification at your child's school. You will then be given a system-wide identification key.

After School Tutoring

	TUESDAY	WEDNESDAY	THURSDAY	Friday
<u>ENG.</u>	All English Grades B1-42 (Frederickson)	All English Grades B1-28 (Ghimenti) B1-38 (Wiersma)	All English Grades B1-34 (Bartlett)	
<u>MATH</u>	All Math B2-24 (Aguilera) B2-26 (McCaffrey) Int. Math, Geom, Alg II B2-35 (Gil)	All Math B2-26 (McCaffrey)	Int. Math, Geom, Alg II B2-35 (Gil)	
<u>SCIENCE</u>	Physics B2-30 (Colby)	Chemistry B2-48(Stone)		Biology B1-24 (Nath)
<u>SOCIAL SCIENCE</u>	World History H1-02 (Merchant)	US Hist & Gov't/Econ H1-07(Mickelson)	US Hist.& Gov't/Econ H1-05 (Richards)	

Teacher Office Hours

See teacher syllabus to identify office hours available to students before school at lunch and after school to assist your child along their academic journey.

Every Year in High School Checklist

- Monitor child's grades via Parent Portal
- Ensure your child has C's or higher
- Encourage your child to access Career Cruising
- Meet with your child Learning Director
- Encourage your child to attend office hours or tutoring if they need help with their course work
- Encourage your child to get involved with clubs or sports on campus

College/University Websites

Community College

- www.cccco.edu & www.cccapply.org

California State University (CSU)

- www.csumentor.edu

University of California (UC)

- www.universityofcalifornia.edu

California Private Universities

- www.aiccu.edu

Explore them all

- www.cappex.com (Most recommended)
- www.californiacolleges.edu

Career Information Websites

Career Cruising

- www.careercruising.com

Username: centralvalley

Password: ceres

- Click on the Portfolio button and enter:

Individual Portfolio Username: _____

Individual Portfolio Password: _____

California Career Zone

- www.cacareerzone.org/index.html

Bureau of Labor Statistics

- www.bls.gov/k12/

Reality Check

- <http://www.cacareerzone.org/budget/index>



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A-G Requirements for Eligibility into a Four Year University

- A. Must have C's or better in World and US History
- B. Must have C's or better in all English classes
- C. Must have C's or better in at least Algebra I, Geometry, Algebra II or Integrated Math I, II, and III
- D. Must have C's or better in Biology or Anatomy and Chemistry or Physics
- E. Must have C's or better in Spanish II or higher
- F. Must have C's or better in a Fine Art
- G. Must have C or better in at least one extra College Prep class.



Graduation Requirements

- English (40 Credits)
- Math (20 Credits)
- Science (20 Credits)
- Social Science (30 Credits)
- Fine Art OR Spanish (10 Credits)
- Four Semesters of PE (20 Credits)
- 350 or higher on CAHSEE Math
- 350 or higher on CAHSEE English
 - Need a total of 230 Credits

A Successful Pathway to College Checklist

9th Grade

- Make a list of awards, honors, paid and volunteer work and extracurricular activities and continue to add to it as you continue to participate in activities and receive honors.
- Join a club or sport
- Complete a community service project
- Take challenging courses

10th Grade

- Take the PSAT
- Take the CAHSEE
- Work, Volunteer or take summer courses
- Join a club or sport
- Complete a community service project

11th Grade

- Take the PSAT
- Take AP Exams
- Begin to sign up for FASFA
- Join a club or sport
- Complete a community service project

12th Grade

- Apply for Scholarships
- Apply for Colleges
- Take the SAT
- Take AP Exams
- Complete the FAFSA
- Join a club or sport
- Complete a community service project

Get Involved with Extra Curricular Activities

Clubs

- CVHS Marching Band & Color Guard, Class 2014, Class 2015, Class 2016, Class 2017, CSF, FFA, Film Appreciation, GSA, HYL, Interact Club, Leadership, Ambassadors, NHS, Science Club, Skills USA, Yearbook, Glee Club, Math Club, Multi Culture Club, S-Club, Vex Robotics, AP Art Club, Green Mob, AP Spanish Club, Bass Club, Student Educator Program, Soccer Club, Political Debate Club, Love Revolution, CV Matters, Anime

Sports

- Boys & Girls Basketball, Cheerleading, Cross Country, Dance, Football, Golf, Boys & Girls Tennis, Boys & Girls Soccer, Softball, Swimming, Track, Volleyball, Wrestling

